



## Mental Health Resources

### **NorthCare of Oklahoma City**

2617 General Pershing Blvd  
Oklahoma City, OK 73107

Children's Outpatient Service

P: 405-858-2700

F: 405-858-2720

Adult & Families Services

P: 405-858-1700

F: 405-858-1776

<http://www.northcare.com/>

Comprehensive mental health treatment for children, families, and adults. Outpatient counseling, case management, crisis intervention, screening and assessment, parenting classes, wellness classes, trauma recovery services, medication services, jail diversion, court services, family restoration services, and more.

### **Redrock**

OKC/Main Location  
4400 North Lincoln Blvd  
Oklahoma City, OK 73105

Phone: 405-424-7711

Fax: 405-425-0343

<http://www.red-rock.com/>

Children's Crisis Stabilization Unit

Phone: 405-425-0333

Fax: 405-425-0347

Planet Rock (Children's Outpatient Services)

Phone: 405-267-3246

Toll Free: 1-855-999-805

A comprehensive behavioral health service provider operating in 14 counties of Oklahoma.

Outpatient, residential, prevention, pharmacy, crisis, telepsychiatry/telehealth, and support services.

### **Calm Waters**

4334 NW Expressway, #101  
Oklahoma City, OK 73116

405-841-4800

405-841-4803 (f)

<https://www.calmwaters.org/>

Grief Support, Divorce and Parenting Support, School-Based Services, Counseling

### **Spring Eternal**

310 NE 28th St #204  
Oklahoma City, OK 73105

Phone: 405-601-4565

<https://springeternal.net/>

### **Services**

Depression and anxiety counseling

Emotional Support Animals

Marriage and Family Counseling

Telehealth/Teletherapy

Substance Assessments and Counseling

Grief Counseling

Youth Counseling & Rehabilitation

### **LATINO COMMUNITY DEVELOPMENT AGENCY**

<http://lcdaok.com/>

Address: 420 SW 10th St., Oklahoma City, OK. 73109

Phone: 405-236-0701

**Services:**

**Tony Reyes Bilingual Child Development Center**, 5716 S. Western, OKC, 73109  
405.236.4667

<http://lcdaok.com/programs/tony-reyes-bilingual-child-development-center-early-head-start/>

**Health:** Nutrition & Wellness Education, Immunizations for all ages, Clínica de la Mujer Latina, Breaking the Silence Project HIV/AIDS

<http://lcdaok.com/health/>

**Prevention:** Safe Care Program, Healthy Families of America, Parents As Teachers: <http://lcdaok.com/prevention/>

**Treatment:** Strengthening Families, Latino Plenitud/Systems of Care, Child trauma, Proyecto Cambio Intimate Partner Violence/Sexual Violence, Child mental health, Latinos M-Power, Outpatient Substance Abuse Treatment Program, Parent Assistance and Parent Aide <http://lcdaok.com/treatment/>

**Youth:** Juntos (Together for a Better Education), Latino Scholarship for High School Seniors, Latino 4-H Club Program <http://lcdaok.com/youth/>

**COPE**

<http://www.okcopeinc.org/>

Phone: (405) 528-8686

Fax: (405) 528-8692

Address: 2701 N Oklahoma Ave, Oklahoma City, OK 73105

**Services:** Prevention, education, treatment. Counseling for individuals/families/groups, especially around the issues of behavioral, domestic violence, impulse control, sexual abuse, and substance abuse.

**PALOMAR FAMILY JUSTICE CENTER**

<https://palomarokc.org/>

Phone: (405) 552-1010

Address: 1140 N Hudson Ave, Oklahoma City, OK, 73103

**Services:** This is a group of agencies coming together to create a comprehensive, multidisciplinary service model where teams of professionals come together under one roof to provide coordinated services to victims of domestic violence, sexual assault, elder abuse, bullying, and human trafficking.

Links to Government Resources

Crime Victims Compensation

Victims' Rights

VINE Link

Oklahoma State Courts Network

Oklahoma City Housing Authority

OKCPD Sex Crimes Unit

Partner Agencies/Other Providers

Legal Aid

Skyline Urban Ministry - food and clothing

Upward Transitions - transportation and housing expenses

Medical Resources

OKC County Health Department

Sexual Assault Nurse Examiner (SANE) - at YWCA

Strangulation information

Clinics

Oklahoma County Pharmacy

Oklahoma City Indian Clinic

Batterers Intervention Programs

## **YWCA**

<http://www.ywcaokc.org/>

Phone: 405-948-1770

Address: 2460 NW 39th St, OKC

**Services:** We are dedicated to providing help and hope to victims of domestic abuse, sexual assault, and stalking in Central Oklahoma.

Domestic Violence Services

All free; wraparound services

Thelma Gaylord Emergency Shelter (only shelter for battered women and children in Oklahoma County)

Transitional housing

Domestic Violence Victim Assistance Program

Counseling and groups

Palomar

Children's services (including child advocates)

Economic Empowerment Program

DV Nurse Examiner

Sexual Assault Services

Hospital advocacy

SA Nurse Examiner

Adult services

Include: Renew Group, Adult Counseling Program

Teen (13-17)

Teen Advocate, Teen Sexual Assault Support Group

Children

Counseling

### **TRANSITIONS, INC**

<http://www.transitionsokc.com/>

Phone: (405) 810-0054

Fax: (405) 810-8977

Address: 6051 N Brookline, Suite 112, Oklahoma City, OK 73112

**Services:** It is the mission of Transitions, Inc. to provide comprehensive, quality mental health services to adults, adolescents and children who have mental health issues and who have been impacted by trauma and abuse.

Therapy (individual, group, family)

Services are available for anyone within the family who has been touched by sexual abuse - the victim, at-risk siblings, the non-offending parent, and the offender.

School-based services

## **Advanced Therapy Associates**

<https://www.advanced-therapy.org/>

Address: 9212 North Kelly Avenue Oklahoma City, OK 73131

Phone: 405-242-5070

Fax: 405-242-5071

**Services:** Advanced Therapy Associates provides a vast number of individualized outpatient program options that have been traditionally impossible to find. These options were created after listening to the frustration of Oklahomans that had reached many dead ends looking for real help for various symptoms. It can be difficult to locate the right treatment center for your family when faced with challenging symptoms, conflict, a disorder, disease or diagnosis. Advanced Therapy Associates is a center with research-based options offering the needed support to families. With our diverse treatment staff, we can provide personalized care for your child, you and your family.

ADHD

Case Management

Developmental Testing

Supporting Advantage

Intelligence (IQ) Testing

Maternal & Infant Health

Individual Counseling

Family Counseling